**St. Alphonsus School Business Directory**

**(current as of March 2022; alphabetical order)**

\*Businesses must be either owned by a St. Al's family

or be a local business that has a connection to the school\*

**A**

**Aura Dental Centre**

Dr. Amrit Bains

2401 McPhillips St.  (Unit 6)

p: 204-560-4500

The Aura Dental Centre opened its state of the art facility in 2021. The facility offers digital xrays and digital scanning. Dr Bains and Sposob bring with them a combined experience of 20 years in the dental industry. Aura Dental offers services that include dental implants, cosmetic dentistry, veneers, crowns bridges, bone grafting, root canals, and Invisalign braces. Now taking new patients with evening and Saturday appointments available.

**ACV Sewer & Water Inc.**

p: 204-979-8182

**B**

**Bella Moda Home Furnishings**

Maribeth

We are an independently owned furniture store that is approaching it’s 12th year anniversary in May 2021. We sell all types of seating, dining and occasional tables, bedrooms, desks, lighting and accessories. Specializing in custom order pieces and personalized interior design service. We are your store for contemporary modern classics, beautiful design and art.

645 Century St.

p: 204.783.4000

e: info@bellamodahome.com

[www.bellamodahome.com](http://www.bellamodahome.com)

**Blade Rannard Snow Clearing**

Bryan Rannard

Prompt, courteous, competitively priced snow clearing.

East St. Paul

p. 204.771.9662

Website coming soon!

**C**

**Cams Pressure Wash**

Conor Magura-Schendel

\*\*Specializes in city wide residential services\*\*

I offer competitive and fair prices. This is due to the fact that I am a one person-crew and I do not have all the overhead.

**Services Offered:**

Driveway Cleaning

Sidewalk Cleaning

Patio

Garbage and Recycle Bin Cleaning

Fences

Outdoor Pool area/ Deck / Patio

**What I Offer:**

Senior Discount

Competitive Pricing

Multi Property / Service Discount

Licenced and Insured Work

Please feel free to contact me with any questions and for more information on pricing. I look forward to providing you with service. Thank you for your time.

p: 204.290.9309 (call or text)

e: [camspressurewash@shaw.ca](mailto:camspressurewash@shaw.ca)

**Casey Ludwick**

**M.A. (Counselling); CCC**

**Psychotherapist and Counselling Services**

Individual, couple, and family counselling.

p: 1 (431) 451-7991

e: casey.ludwick@aulneau.com

**Central Tailor**

Long Dinh & Oanh Nguyen

Men & women tailoring: suits, bridesmaid dresses, leather repair, alterations.

25 years experience, low prices, same day service.

477 Henderson Hwy

p: 204.667.1704

**Color Street**

Elissa Mattis

e: [elissa.mattis@gmail.com](mailto:elissa.mattis@gmail.com)

fb: Coffee and Manis with Elissa

[www.colorstreet.com/elissamattis](http://www.colorstreet.com/elissamattis)

**D**

**DA Fatimehin Enterprise**

**Golden West Broadcasting I Homefield Marketing**

David Fatimehin - Project Manager & Digital Marketing Consultant

p: 204-452-9602

p: 204-880-8419

e: ibikunlefatimehin@gmail.com

**Dlux Design & Co.**

Alexandra Colosimo

p: 204-995-9707

**Dolce Bake Shop**

Laura & Roberto Galli

Dolce Bake Shop is a local, family-owned and operated bakery specializing in wedding cakes, European and South American pastries, delicious cupcakes and many other delicious treats that will leave you craving for more.

Location #1: 2B-1565 Regent Ave West (Across from Kildonan Place Mall)

p: 204.505.1444

Location #2: 789 St. Mary’s Road (St Vital)

p: 204.505.5503

e: [info@dolcebakeshop.ca](mailto:info@dolcebakeshop.ca)

[www.dolcebakeshop.ca](http://www.dolcebakeshop.ca)

**Dog Dash**

Winnipeg's first mobile dog gym brought to your doorstep! Our mobile dog gym is a safe and fun way to exercise your dog. Which means they can live a healthier, happier life.

The mobile dog gym is climate controlled so if it is -30c or +30c, your dog will be comfortable.

p: 204.981.1065

[https://dogdash.ca](https://dogdash.ca/)

**DreamHaven Realty Inc**

Walter Mota

Realtor/Real Estate Broker

Specializing in residential real estate for sellers and buyers, with very competitive fees (Air Miles Reward Miles as well).

p: 204.770.4092

e: mota@mts.net

[www.dreamhavenrealty.com](http://www.dreamhavenrealty.com)

**E**

**Edward & Beth Carreon**

Edward & Beth Carreon

Online/Digital business helping ordinary people to own and set up a proven and successful online business.

c: 431.307.0124

[www.edwardandbeth.ca](http://www.edwardandbeth.ca)

**Elda Cabral**

Stylist at Evoluir Hair Salon Ltd.

1413 Henderson Hwy

p: 204.334.5958

**G**

**Gregorchuk Mechanical Ltd.**

Stewart Mattis

Heating & Cooling Service & Installation

c: 204.806.4034

e: [smattis@gregorchukmechanical.com](mailto:smattis@gregorchukmechanical.com)

**H**

**Henderson Tailor & Apparel**

Tuan Nguyen

Professional Tailoring for Ladies & Men

We do everything from shortening pants to replacing linings and zippers. Professional fitting for all clothing adjustment, suits, skirts, dresses, pants & coats, grad/bridesmaid dresses & evening gowns. Low prices, same day service.

1145 Henderson Hwy

p. 204.338.2129

**House of Silk**

Melanie & James Norbury

Event & wedding decorator, silk floral design & plants for commercial, residential & events

595 Munroe Ave (corner of Munroe & Raleigh)

p: 204.669.3028

e: [info@houseofsilk.ca](mailto:info@houseofsilk.ca)

insta: house\_of\_silk

fb: House of Silk Winnipeg

[www.houseofsilk.ca](http://www.houseofsilk.ca)

**I**

**IA Private Wealth Inc.**

Joe A. Macek, FMA, CIM, DMS, FCSI - Portfolio Manager & Investment Advisor

238 Portage Ave, 3rd Floor

Winnipeg, Manitoba R3C 0B1

Tel: 204-809-0730

Cell: 204-797-7753

www.iaprivatewealth.ca

If you are open to getting to know me, please feel free to come and see my free Youtube channel on investing - INVESTING MADE SIMPLE.  
  
Here is the link:  
  
https://www.youtube.com/c/joeamacek  
  
Feel free to take advantage of my ideas, and thoughts on the channel and if you use them and they can help you become a wealthier person I am all for it. I hope you enjoy my videos. Its totally free with no obligation.  
  
Don't believe me? Come check out the channel and find out. Feel free to subscribe and hit the notification bell - that's free too.  
  
Looking forward to having you get to know me. See you soon.  
  
Joe

**Itech Systems**

Jared Ruffeski

Seller of computers & computer parts & service machines

1530 Regent Ave West

p: 204.943.6505

[www.itechsystems.net](http://www.itechsystems.net)

**J**

**Jeffreys Restaurant & Lounge**

Don Mackenzie

A restaurant and lounge open for any and all events including live bands, fundraisers, etc. Also open for pick up, catering, delivery, and delivery on skip the dishes platform.

1420 Henderson Hwy

p: 204.338.5000

[www.jeffreysrestaurant.biz](http://www.jeffreysrestaurant.biz)

Also on Facebook

**Juice Me**

Agata Robb

Frozen super shots made of natural ingredients to aid in immunity boosting.

[www.juiceme.ca](http://www.juiceme.ca)

fb : juiceme.ca

**L**

**Limelife By Alcone**

Danielle Stromecki

Independent beauty guide. Natural based makeup and Vegan skin care.

e: dstromecki@live.ca

[www.limelifebyalcone.com/daniellestromecki/home](http://www.limelifebyalcone.com/daniellestromecki/home)

**Ludwick Catering**

Dona Ludwick

3184 Birds Hill Road

p: 204.668.4539

e:. [Ludwick@mymts.net](mailto:Ludwick@mymts.net)

fb: ludwickcatering

[www.ludwickcatering.ca](http://www.ludwickcatering.ca)

**M**

**Making U Delighted Pottery (M.U.D. pottery)**

Owner/Maker: Amanda Fatimehin

Hand made local functional pottery

p: 204-293-4312

e: [makingudelightedpottery@gmail.com](mailto:makingudelightedpottery@gmail.com)

insta: m.u.d.pottery

[www.makingudelightedpottery.com](http://www.makingudelightedpottery.com/)

**Maples Chiropractic**

Dr. Tracy Vieira

A family focused Chiropractic clinic with a special interest in families, babies, pregnant women, children of all ages.

1297 Jefferson Ave.

p: 204.632.4080

e: mapleschiropractic@gmail.com

[www.mapleschiropractic.ca](http://www.mapleschiropractic.ca)

**Mario Lopes**

**Re/Max Professionals Office**

I am a long-term Realtor with almost 30 years experience.  I am a consistent top selling Realtor at my Re/Max office.  Top 10% of all Realtors in Manitoba.

I specialize in residential sales of used, new homes and recreational properties throughout Winnipeg and surrounding areas.

I also specialize in investment property sales and proven expertise in the rental industry.  I was the youngest ever president of the PPMA (Professional Property Managers Association)

I am the only CMHC (Canada Mortgage & Housing Corporation) affordable Housing award winner in Manitoba. (2011)

I proudly support and provide affordable and safe housing to families in Winnipeg's inner city.

As a Realtor, I donate large amounts of my earnings towards Housing families and children in need.

I am in the process of developing over 250 new residential affordable housing units for Winnipeg families and providing bursaries to assist students pursue post secondary education.

I am proud to be a parent of a child who attends St. Alphonsus School.

p: 204-33 Mario or 204-336-2746

[www.mariolopes.ca](http://www.mariolopes.ca)

**McPhillips Tailor**

Long Dinh & Oanh Nguyen

Tailoring: bridesmaid dresses, suits, fur coat repair, leather repair, alterations.

787 McPhillips St.

p. 204.415.5673

**O**

**Optimal Lighting Solutions Ltd.**

Neil Martin & Lisa Pruys

One stop turn key solution for handling all of your commercial or industrial LED lighting project needs.

p. (204) 509-6744

**P**

**P&M Pastries and More Specialty Foods**

Ann Marie Verdejo

We make locally hand crafted specialty foods such as: Piaya (flat bread), Napoleones (pastry puff pastry), Butterscotch cookies, Achara (papaya pickles).

We are operating a small scale business typically for farmers market events or pre-order, and fund raiser for school. We are now granted kitchen permit at St Als hall so these products will be produced from the kitchen.

p:  204 997 4712

e: [pmspecialtyfoods@gmail.com](mailto:pmspecialtyfoods@gmail.com)

fb: pionmompastriesandmore

insta: pionmompastriesandmore

**Parkway Nursing Management**

Michelle Davison

Parkway Nursing Management provides nurses for clients with complex health needs, in licensed child care centres, nursery schools, schools and adult day programs, in Winnipeg and the surrounding area.

p: 204 661 9363

f: 204 505 9363

e: [mdavison@parkwaynursing.ca](mailto:mdavison@parkwaynursing.ca)

[www.parkwaynursing.ca](http://www.parkwaynursing.ca)

**Perfect Landscape & Construction**

Steven Wirth

Commercial & municipal landscape construction, & property development (Ryan Wirth Way in East St Paul, a 40 acre zoned commercial highway development)

p: 204.297.5255

[www.perfectlandscaping.ca](http://www.perfectlandscaping.ca)

**Personalized by Scarlet Cirio**

Scarlet Cirio

A 𝗌𝗆𝖺𝗅𝗅 𝖻𝗎𝗌𝗂𝗇𝖾𝗌𝗌 𝖿𝗋𝗈𝗆 𝖶𝗂𝗇𝗇𝗂𝗉𝖾𝗀, 𝖬𝖺𝗇𝗂𝗍𝗈𝖻𝖺 (North Kildonan area) 𝗌𝖾𝗅𝗅𝗂𝗇𝗀 𝗉𝖾𝗋𝗌𝗈𝗇𝖺𝗅𝗂𝗓𝖾𝖽 𝗂𝗍𝖾𝗆𝗌 - 𝗄𝖾𝗒𝖼𝗁𝖺𝗂𝗇𝗌, 𝗉𝖺𝗌𝗌𝗉𝗈𝗋𝗍 𝗁𝗈𝗅𝖽𝖾𝗋𝗌, 𝗅𝗎𝗀𝗀𝖺𝗀𝖾 𝗍𝖺𝗀𝗌, 𝗐𝖺𝗅𝗅𝖾𝗍𝗌 𝖺𝗇𝖽 𝗌𝗈 𝗆𝗎𝖼𝗁 𝗆𝗈𝗋𝖾!

𝖮𝗎𝗋 𝗉𝗋𝗈𝖽𝗎𝖼𝗍𝗌 𝖺𝗋𝖾 𝗍𝗁𝖾 𝗉𝖾𝗋𝖿𝖾𝖼𝗍 𝗀𝗂𝖿𝗍 𝗂𝗍𝖾𝗆𝗌, corporate giveaways, party favors and 𝗌𝗈𝗎𝗏𝖾𝗇𝗂𝗋 𝗂𝗍𝖾𝗆𝗌 𝖿𝗈𝗋 any events.

𝖲𝗁𝗂𝗉𝗉𝗂𝗇𝗀 𝗂𝗌 𝖺𝗏𝖺𝗂𝗅𝖺𝖻𝗅𝖾 𝖺𝖼𝗋𝗈𝗌𝗌 𝖢𝖺𝗇𝖺𝖽𝖺 𝖺𝗇𝖽 𝗍𝗁𝖾 𝖴𝗇𝗂𝗍𝖾𝖽 States.

fb: <https://www.facebook.com/xoxoscarletcirio/>

 insta: @scarlet\_cirio

**R**

**Robertson Shypit Soble Wood – Attorneys-At-Law**

Kamil M. Andrzejczak – Associate Lawyer

Wills and Estate Law (Wills, Powers of Attorney, Living Wills, Probates, etc.).

Offering a 10% discount on Wills to any St. Al’s families in 2021.

**S**

**Salisbury House Restaurants**

Diego Moncado

Various restaurants located around Winnipeg.

[www.salsmb.ca](http://www.salsmb.ca)

**The Sals Market**

New concept where we sell restaurant quality meals that are prepared and ready to take home to heat and eat! We carry all of the Sals Classic menu items such as soups, buns, donuts, red velvet cake, etc. We are also purveyors of very fine teas and have the best selection of loose-leaf teas in Winnipeg.

1800 King Edward Street

p: 204.633.7955

www.salsmarket.ca

**Sheepdog Brew Co.**

Chris Walstra

We are a cold brew coffee manufacturer in Winnipeg, including locally toasted and brewed coffee, made in ready to drink concentrate and numerous brew-at-home options.

[www.sheepdogbrewco.com](http://www.sheepdogbrewco.com)

**Sipology by Steeped Tea**

Consultant: Haylee Magura-Schendel

Loose leaf tea, accessories and tea infused products; fundraising opportunities as well.

e: [hayleems.tealady03@gmail.com](mailto:hayleems.tealady03@gmail.com)

[www.sipology.com/HAYLEEMS](http://www.sipology.com/HAYLEEMS)

**Stoneage Concrete**

Roger Abaunza

We are a residential concrete business (sidewalks, driveways, garage pads, etc)

p: 204.294.5219

e: [stoneageconcrete@shaw.ca](mailto:stoneageconcrete@shaw.ca)

[www.stoneageconcrete.com](http://www.stoneageconcrete.com)

**Storm Pro Exteriors Ltd.**

Neil Martin & Lisa Pruys

Services provided: roofing, installation of eavestrough, soffit, fascia, siding, gutter guards

p. 204.509.6744

[www.stormproexteriors.ca](http://www.stormproexteriors.ca)

**Summit Elevators Ltd.**

Donald + Sheila Ewasko

Summit Elevators is a family owned and operated accessibility company that employs Journeyman Elevator Mechanics with electrical licenses, qualifications, factory training, and includes WCB clearance and liability insurance. We specialize in customizable wheelchair lifts, elevating devices, and home elevators, including regular maintenance and repairs of both commercial and residential units. We provide design consultation to businesses to modify their buildings for improved accessibility, and install quality mobility products. Summit Elevators also specializes in providing architects and home builders with innovative residential mobility options for new and existing home construction projects. We provide solutions to organizations to improve their services for everyone, and homeowners to help regain their freedom and independence or future proof their home.

p: (204) 226-8286

e: donald@summitelevators.com

e: [info@summitelevators.com](mailto:info@summitelevators.com)

fb: Summit Elevators MB

insta: summitelevators

[www.summitelevators.com](http://www.summitelevators.com)

**Superior Soil & Sod Supply Ltd**

Melanie & James Norbury

Bulk pick up, delivery or bag sales of soil, sand, stone, mulch, sod & landscaping supplies

595 Munroe Ave (corner of Munroe & Raleigh)

p: 204.663.5019

e: [info@superiorsoil.ca](mailto:info@superiorsoil.ca)

[www.superiorsoil.ca](http://www.superiorsoil.ca)

**T**

**The Hair Company by NK**

Natalia Kolev

The Hair Company is a boutique salon located in the heart of Birds Hill. We offer the most current hair trends and luxurious products. The #haircocrew continues to educate and provide a family friendly professional atmosphere. We believe in raising each other up and investing in your community.

3111 Birds Hill Road, East St. Paul, MB

p: 204.663.4247

insta: @the\_hair\_company\_by\_NK

[www.nkhairco.ca](http://www.nkhairco.ca)

**The Great Canadian Travel Group**

Lindsay Ruffeski

1349 Portage Ave.

p. 204.949.0199

<https://greatcanadiantravel.com/>

**Thirty One**

Independent Director: Elissa Mattis

At Thirty-One, we have the function of organizing your home and office in style and in a sustainable way! We offer totes, thermals, purses, accessories, and home decor in a variety of prints that can be personalized and uniquely yours!

e : [elissa.mattis@gmail.com](mailto:elissa.mattis@gmail.com)

fb: Coffee.Teach.Bags.RepeatwithElissa!

insta: coffee.teach.bags.withelissa

[www.mythirtyone.ca/elissa](http://www.mythirtyone.ca/elissa)

**Total Metabolic Solutions**

Anna Paulich

A wellness coaching company that helps women balance their hormones and reset metabolisms through the use of neuronutrition.

[www.totalmetabolicsolutions.com](http://www.totalmetabolicsolutions.com)

**V**

**Vivacious Nails with Vero**

Veronica Martínez

p: 204 510-8376

I’m an independent stylist with Color Street, bringing you spa quality, inexpensive, 100% real nail polish strips. No specials tools needed, no dry time. Please click on my link and ask for a sample to try out our amazing at home manicures.

To try a sample: <https://linktr.ee/VeronicaOMartinez>

www.vivaciousnailswithvero.com

**W**

**Winnipeg Denture & Implant Centre**

Dr. Audrey & Dr. Greg Pinette

We provide unparalleled workmanship and service with integrity and care in the following areas: complete & partial dentures, repairs/relines/rebases, emergency denture care, implant-supported dentures, custom fit athletic mouthguards, nightguards and natural tooth whitening.

p: 204.306.9055

[www.winnipegdenture.ca](http://www.winnipegdenture.ca)

**Winnipeg Insurance Brokers Ltd.**

Kelly Melchor

We are a full-service insurance brokerage offering home, auto, life, business, travel insurance and more. We have 6 locations across the City.

[www.winnipeginsurancebrokers.com](http://www.winnipeginsurancebrokers.com/)

**Wirth Behavioural Health Services**

Dr. Kirsten Wirth, C.Psych, BCBA-D

Registered Psychologist & Board Certified Behaviour Analyst

Specializing in Children

p: 204.807.6779

e: [dr.kirsten.wirth@gmail.com](mailto:dr.kirsten.wirth@gmail.com)

[www.wirthbehaviouralhealth.com](http://www.wirthbehaviouralhealth.com)